

It's really very simple by Gary Bate

There's a reason why there's always wars on this planet and there's a reason why there's always relationship battles going on and it's the same reason.

When you accept that the reason is by design then you are becoming wise.

This World is designed to evoke emotions in us, because it's a feeding ground for the 'critters' in the netherworld. Yes they feed on us and drain us of our energy (our life force).

The over-riding consciousness here is control (fear) and this is what creates emotions (their fodder).

The over-riding consciousness in the Light is the same as here and people pass from one field to the other and back again, indefinitely, (because of their own level of consciousness).

There's a road in between the 'fields'. You can always take the road. But if you cross into the Light field, the only exit is back here. Reincarnation was meticulously removed from the Gospels.

With a consciousness of control, you are always 'contained' in both of the fields you have access to.

Is there an answer to this seemingly never-ending predicament? Fortunately yes, but it requires you to change from what contains you in both fields.

Giving up control is 'strange' at first as you become more and more isolated. Your life was held together by being 'social' and the games people play and now you're off the pitch!

Please always remember that the last mastery is over your fantasy life. You'll be amazed by how much of your life is fantasy when you awaken to see it. The trick is to 'observe' it and 'name' it.

Your mind will always take the fantasy slip road unless you're conscious enough to keep it on the highway to your chosen destiny.

I'm going to labour this because it's much bigger than you think.

There are people in your life who are only there because you have a fantasy about them (your thoughts about them are not real). There are 'what ifs' you conjure up in your mind that are pure fantasy. And the same with fearful scenarios you ponder. How much of your life/mind is real?

It can be argued that most of this life is 'fantasy triggering emotions' and ironically most people's minds are 'out of control' (they keep taking the slip roads...).

Now there's nothing complicated about this but it's a very difficult thing to do, because you're not used to going within and keeping your mind on the highway. There's nothing more to 'going within' – it's all mind!

People like their rituals and their disciplines and their gurus and their retreats and their courses; but you'll get more knowledge from my wee little website :)

Maybe you've got a better explanation as to why the World is the way it is and why everyone seems to die without any idea of where they're going to? If so, be my guest – let's hear it... ~ Gary Bate.

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